



**Barnardo's  
Education  
Community**

Supporting Mental Health and  
Wellbeing across Education

What do  
I wish my  
teacher knew?



We know that the opinions & experiences of young people are vital to be able to best support teachers...

We need to know what challenges **YOU** as a young person are facing & what you feel you need.

It can be any thoughts & feelings to help teachers support you with your emotional wellbeing.

We have different opportunities for you to get involved:

- ▶ Feedback form/survey
- ▶ Get creative, design a piece of artwork
- ▶ Join our young person's group
- ▶ Develop BEC's digital platform
- ▶ Collaborate on a podcast about youth mental health