



# **WORKSHOP - Part 3**

**Aim: support children and young people with Autism who are questioning their gender & sexuality, and the impact on their mental health.**



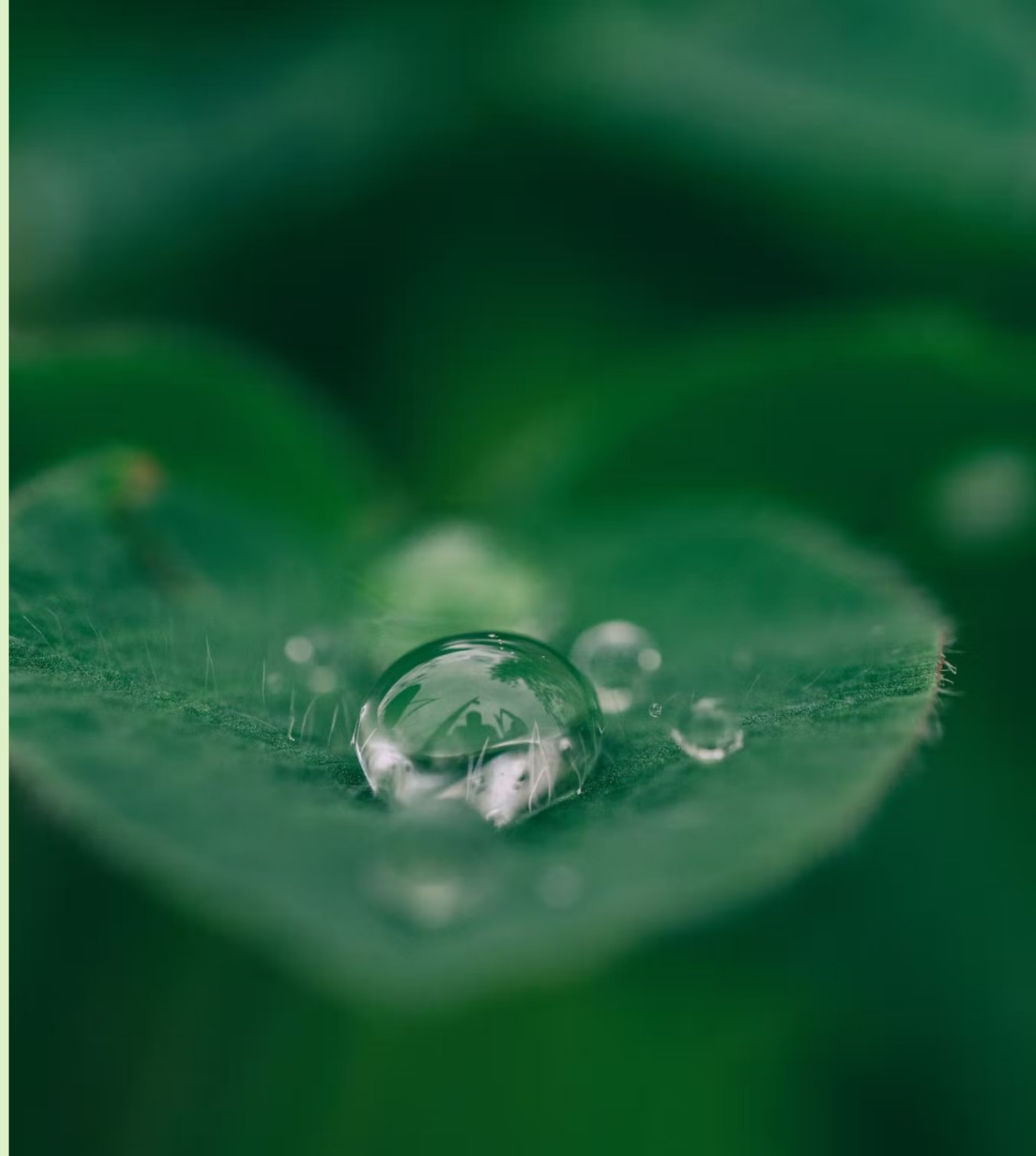
# Developing an online course

Our proposed structure for the course:

1. Pre-course questionnaire (individual learning)
2. Background and context (individual learning)
3. Practice (individual learning)
4. Discussion and role-play (live session)
5. Summary – actions - sign-posting (individual learning)

## **Review:**

- 1. Background and context: Research and Evidence base**
- 2. Pre-course questionnaire**



A silhouette of a hand holding a dandelion seed head against a sunset background. The hand is at the bottom left, and the dandelion seed head is in the center left. The background is a gradient from blue at the top to orange at the bottom.

# **Pre-course quiz/questionnaire**

**Break-out rooms – 5 minutes**

**In smaller groups discuss and review  
quiz/questionnaire**

**Feedback to whole group**

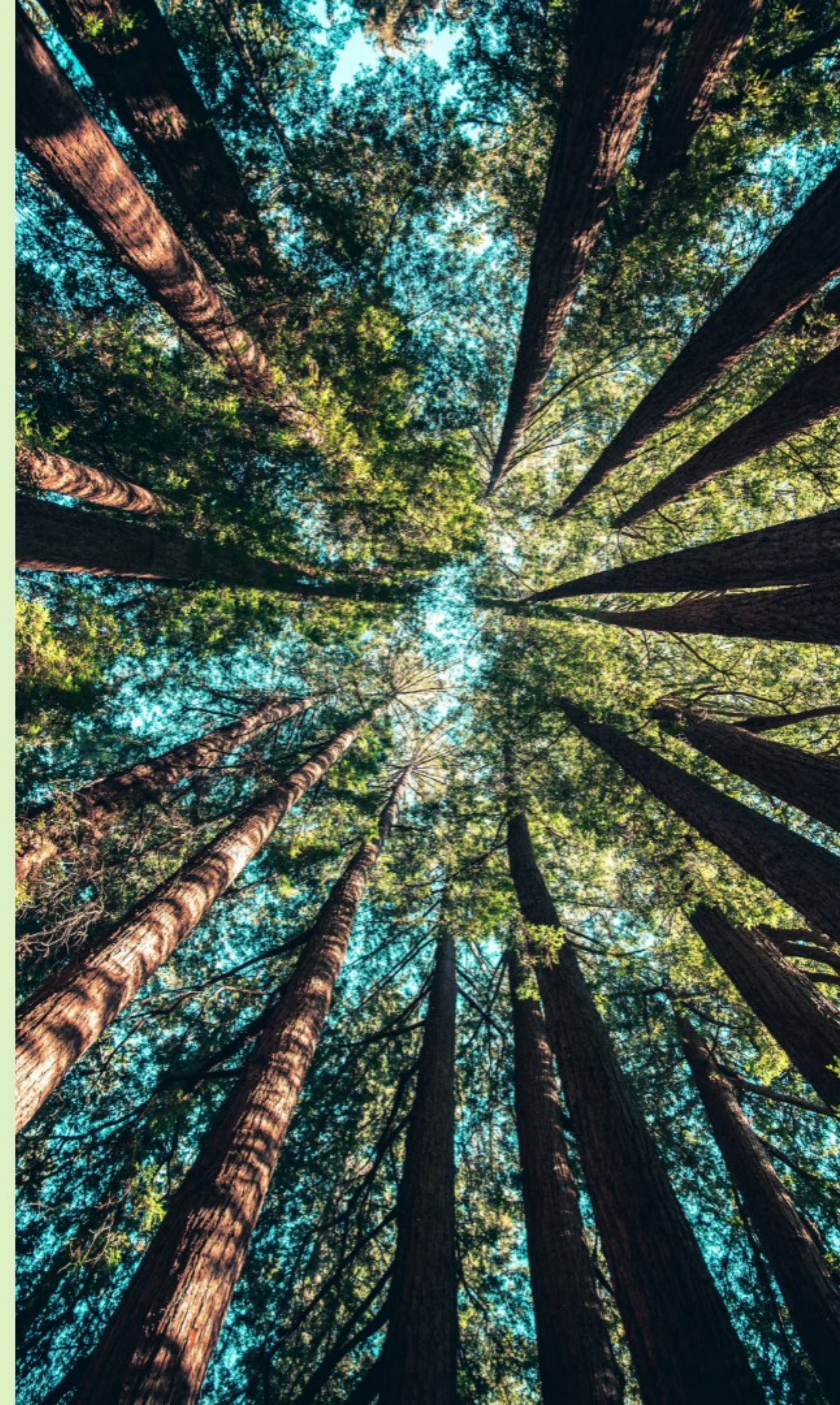
# Section 2 - Background and context

Legislation

Definitions

History

Research and evidence base – Autistic CYP exploring gender, sexuality and identity, and the impact on mental health.





# Useful resources

Any useful resources or information/links that could be included in the course?



# Moving forward

**Section 3 - Practice (individual learning)**

**Section 4 - Discussion and role-play (live session)**

**Identify what content you would need in the course to feel confident about:**

- 1. Talking to someone with autism about this subject area**
- 2. Navigating those conversations**
- 3. Your role as a trusted adult**
- 4. Creating a safe space**

**Consider what would be ways to explore the above?**



**Break-out rooms  
20 minutes**





# Summary

## Next steps

- Arrange next workshop date
- Email BEC any useful resources or information/links that could be included in the course

[BECommunity@barnardos.org.uk](mailto:BECommunity@barnardos.org.uk)

# Thank you

[www.educators-barnardos.org.uk](http://www.educators-barnardos.org.uk)

[BECommunity@barnardos.org.uk](mailto:BECommunity@barnardos.org.uk)

