

The Spaces for Wellbeing Programme

Focused on staff wellbeing. It is designed to *'provide inspiration and not instruction'*.

2023 - 2024 completed programme of events



www.educators-barnardos.org.uk

André Spicer

Thursday 11th May 2023

Professor of Organisational Behaviour, Bayes Business School,
City University London

'Rest and Refresh: The Importance of Taking Breaks'

Faye McGuinness

Wednesday 24th May 2023

Director of Programmes, Education Support

'Setting Boundaries as An Act of Self-Compassion'

Jane Andrews

Wednesday 7th June 2023

Professor of Education, University of the West of England

'Supporting Wellbeing and Valuing Diversity of Staff, Children, and Families Through Creative Practices'

Beth Roberts

Thursday 22nd June 2023

WULF Co-ordinator, National Education Union Cymru

'A Team Approach to Improving Wellbeing in Education Settings'

Gareth Conyard

Thursday 19th October 2023

Co-CEO - Teacher Development Trust (TDT)

'Teacher Autonomy in Professional Development'

Hywel Roberts

Thursday 2nd November 2023

Travelling Teacher, Writer, Humourist, Speaker,
Storyteller, Author of 'Botheredness'

'Building Botheredness: The Importance of a Creative Curriculum Approach for the Wellbeing of Both Staff & Pupils'

Tara Elie

Thursday 30th November 2023

Coach, Founder/Director of Star Performer

'Work/Life Balance'